

# **Athlete Talent Assessment:**

**Callum Breyton**

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# About Receptiviti

Language is one of the most revealing behavioral indicators of human psychology. In elite sports, it reveals the mental and interpersonal dynamics that physical metrics often miss; traits like mindset, coachability, decision-making style, and cultural alignment.

Receptiviti provides scientifically validated psychological insights by analyzing the language athletes use. Our technology is grounded in decades of peer-reviewed research in psycholinguistics and social psychology, with a scientific foundation cited in over 20,000 academic publications, making it the most validated system of its kind.

We focus exclusively on extracting psychological insight from language. Our team is dedicated to applying this science to real-world challenges where performance and people intersect. In professional and amateur sports, that means helping teams uncover the psychological intangibles that influence development, cohesion, and long-term potential.

The insights in this report are designed to give your organization an added layer of understanding as you focus on maximizing player impact and coaching for performance.

# About this Report

The findings in this report are based on an analysis of a language sample produced by an anonymized athlete given a randomly generated name for the purpose of this report.

The individual's scores across Receptiviti's psycholinguistic measures are benchmarked against a norming dataset of athlete communications. As such, each score reflects the degree to which the individual expresses a given trait relative to that peer reference group.

Every score offers meaningful insight—none are inherently negative. Each person has qualities that come more naturally and others that require greater energy to develop or apply. Certain situations, roles, team cultures, coaching-styles, or organizations will align well with their strengths, while others may present greater challenges. This report is designed to support self-awareness and inform coaches, scouts, and team front office staff by highlighting how the athlete is likely to show up in a sports setting, and how their unique psychological profile may shape their impact within a role or organization.

This report organizes findings into the following categories: coachability, adaptability, mental toughness, team role, decision-making, and motivators.

For measure definitions and guidance on interpreting charts and scores, see the appendices.

## Coachability

Traits in this category shape how an athlete processes feedback, adapts to instruction, and approaches growth. It captures their general orientation toward learning, adjustment, and working within a coach-led environment.

## Adaptability

Traits in this category shape how an athlete navigates change and uncertainty. It reflects comfort with dynamic environments, a proactive approach to learning, and openness to new experiences.

## **Mental Toughness**

Traits in this category influence an athlete's emotional and performance stability. It captures an athletes' underlying capacity to regulate emotions, have self-control, and stay disciplined.

## **Team Role**

Traits in this category reflect an athlete's interpersonal style and how they engage with teammates to influence team dynamics. It highlights the unique ways players contribute to culture, communication, and collaboration on and off the court.

## **Decision-making**

Traits in this category capture how an athlete processes information, makes decisions, and navigates risk and reward. They reflect thinking style and the lens through which options and outcomes are evaluated.

## **Motivators**

Traits in this category reflect the underlying psychological needs that drive behavior, particularly the desire for achievement, connection, or influence. These traits shape how an athlete pursues goals, engages with others, and finds meaning in his role and environment.

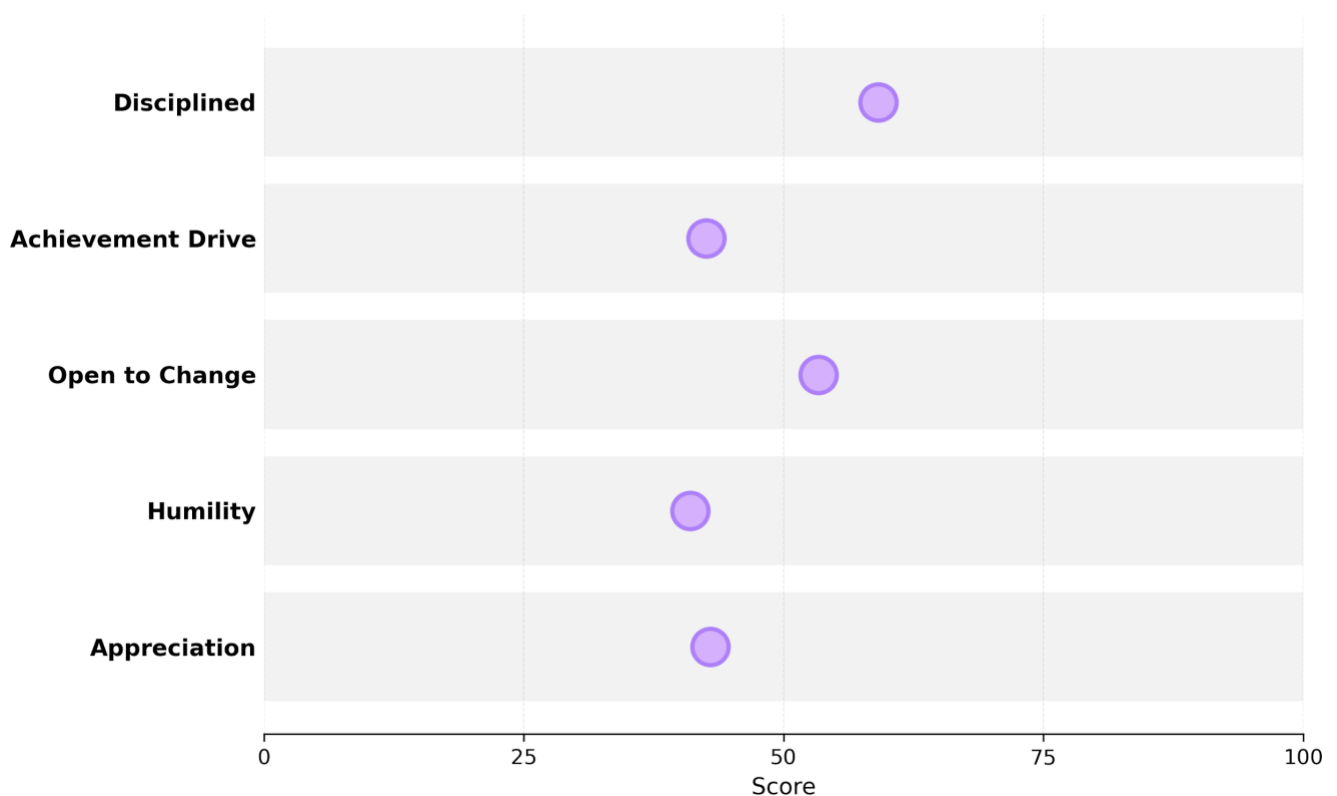
# CALLUM BREYTON

## Summary

This athlete presents a composed, consistent, and steady psychological profile marked by measured adaptability, reliable coachability, and task-oriented team engagement. He is unlikely to resist change but may not proactively seek novelty, instead adapting best when transitions are gradual and expectations are clear. His disciplined yet emotionally reserved approach to feedback supports dependable execution in structured systems. While generally methodical and composed under pressure, heightened emotional sensitivity may challenge performance in chaotic or ambiguous environments. Interpersonally, he engages in a pragmatic, role-focused manner, without strong tendencies toward leadership or social bonding. His motivations are steady but subdued, less driven by competition, connection, or ambition than by clarity, autonomy, and defined expectations.

# Coachability

Relative to other athletes, this individual shows a slightly elevated level of discipline alongside slightly lower expression of achievement drive, humility, and appreciation, with openness to change falling near the group average. This profile suggests a behaviorally consistent and structured approach to performance, with a tendency to follow routines and respond reliably to direction. However, the athlete may engage with feedback in a more reserved or task-focused manner, placing less emphasis on collaborative or emotionally expressive interactions. He is likely to implement coaching instructions with steadiness and reliability but may show a more muted response to both praise and criticism.



## Strengths and High-Impact Environments

- Displays slightly elevated self-discipline, suggesting a structured and consistent work ethic that supports steady implementation of coaching instructions, especially in systems that value routine and role adherence.
- Unlikely to be derailed by emotional reactions to feedback, which may contribute to long-term durability in coach-led developmental systems.

- He may respond best to coaches who provide direct, task-oriented feedback.
- In cultures that reward accountability, autonomy, and focus over expressiveness, this athlete is likely to integrate smoothly and contribute reliably.

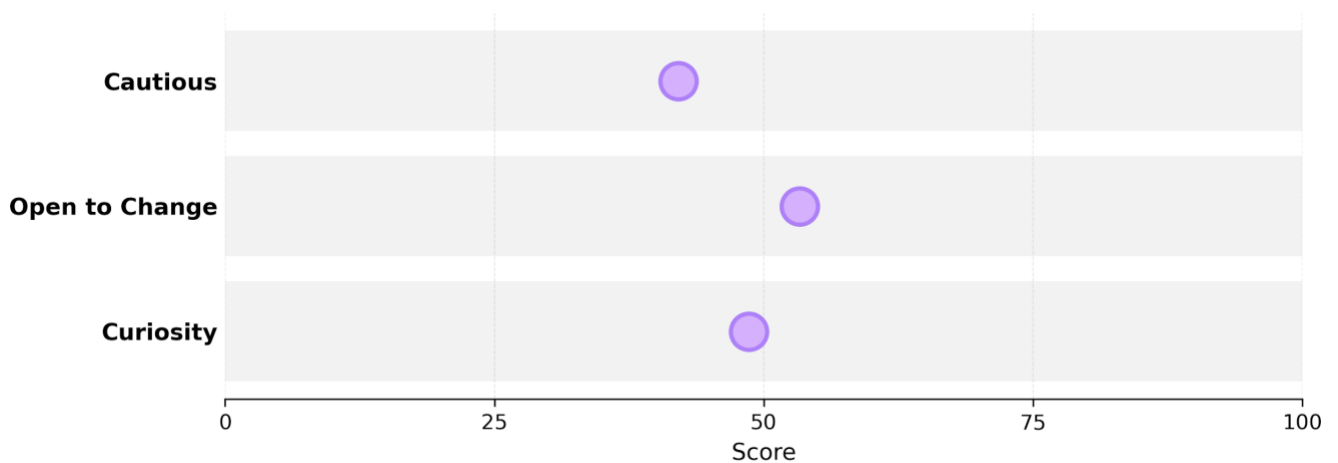
## **Vulnerabilities and Challenging Environments**

- May be less receptive to emotionally expressive or relationship-driven coaching approaches due to lower humility and expressed appreciation, potentially limiting the depth of coach-athlete rapport.
- Slightly lower achievement drive suggests reduced intrinsic urgency to push beyond assigned tasks, which may limit self-directed growth in unstructured or high-autonomy environments.

## **Adaptability**

This athlete demonstrates a moderate adaptability profile, marked by slightly lower cautiousness and average levels of openness to change and curiosity. Relative to his peers, he is likely to approach new or uncertain situations with a calm, steady presence; neither overly hesitant nor impulsively risk-taking. His balanced stance suggests he is capable of navigating evolving expectations or environments with measured flexibility. While he may not be naturally inclined to seek out novel experiences or rapidly experiment with unfamiliar strategies, he appears sufficiently receptive to change when needed and unlikely to resist adjustment out of fear or avoidance. Overall, this profile points to a grounded but responsive orientation toward change.





## Strengths and High-Impact Environments

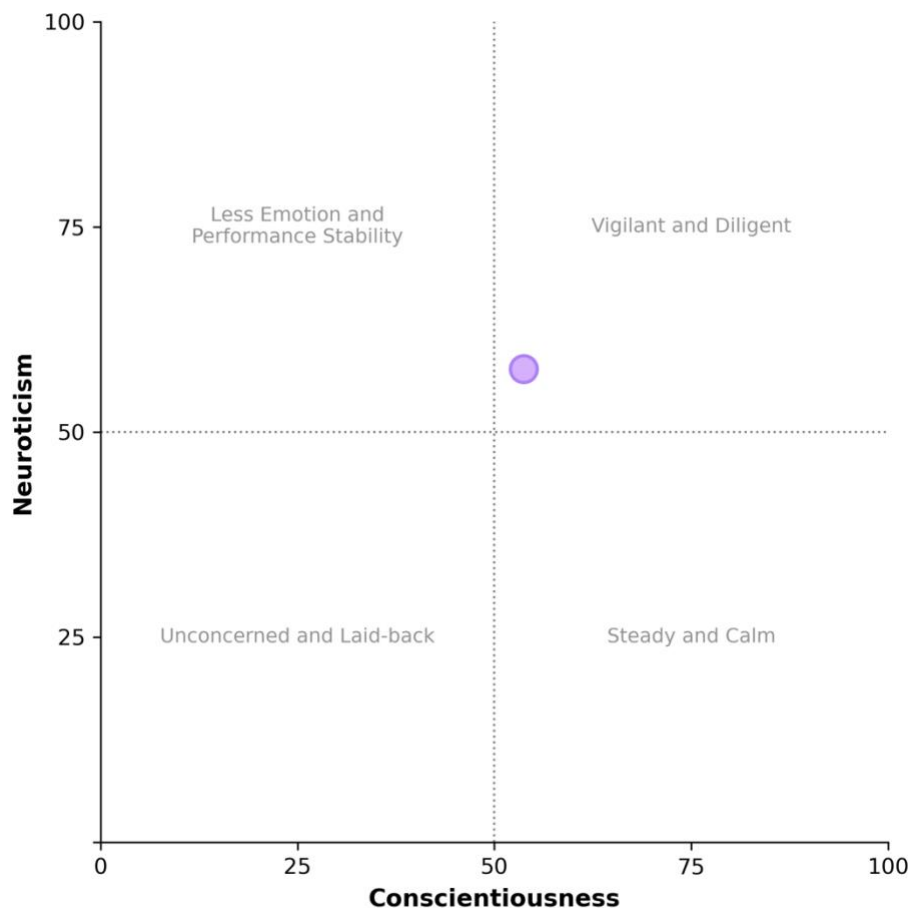
- This athlete is likely to approach change with a calm, grounded presence – well-suited for navigating transitions sufficient flexibility without overreacting or freezing under uncertainty.
- Likely to be a reliable presence in dynamic environments where composure and stability are valued over rapid experimentation.
- Likely to be most effective in environments that combine consistency with gradual innovation systems where change is introduced with clear rationale and tied to broader role expectations.
- Because he is not highly resistant to change, he may take calculated risks when prompted, especially under directive coaching.

## Vulnerabilities and Challenging Environments

- While capable of adapting when needed, he may wait for change to be externally driven rather than initiating it himself, which could limit his strategic value in systems that reward anticipatory adaptation and self-driven tactical evolution.
- To stretch beyond his default, this athlete may need explicit encouragement to ask questions, experiment, or challenge routine further. Without that, he may contribute more through steadiness than transformation, which could subtly limit his influence on team evolution.

# Mental Toughness

Relative to other athletes, this individual shows slightly elevated neuroticism and average levels of conscientiousness. This profile suggests a generally structured and methodical approach to preparation, paired with heightened emotional sensitivity. The athlete is likely to engage with performance and pressure through a lens of diligence and concern for detail, yet may also experience intensified internal responses to stress, uncertainty, or failure. As a result, his mental toughness profile reflects a tendency toward controlled but emotionally reactive engagement, especially in high-stakes or unpredictable environments.



## Strengths and High-Impact Environments

- Likely to thrive in structured, preparation-focused systems that emphasize routine, clarity, and foresight. His methodical approach and conscientiousness may lead to reliable planning, adherence to protocol, and consistent execution when expectations are well-defined.

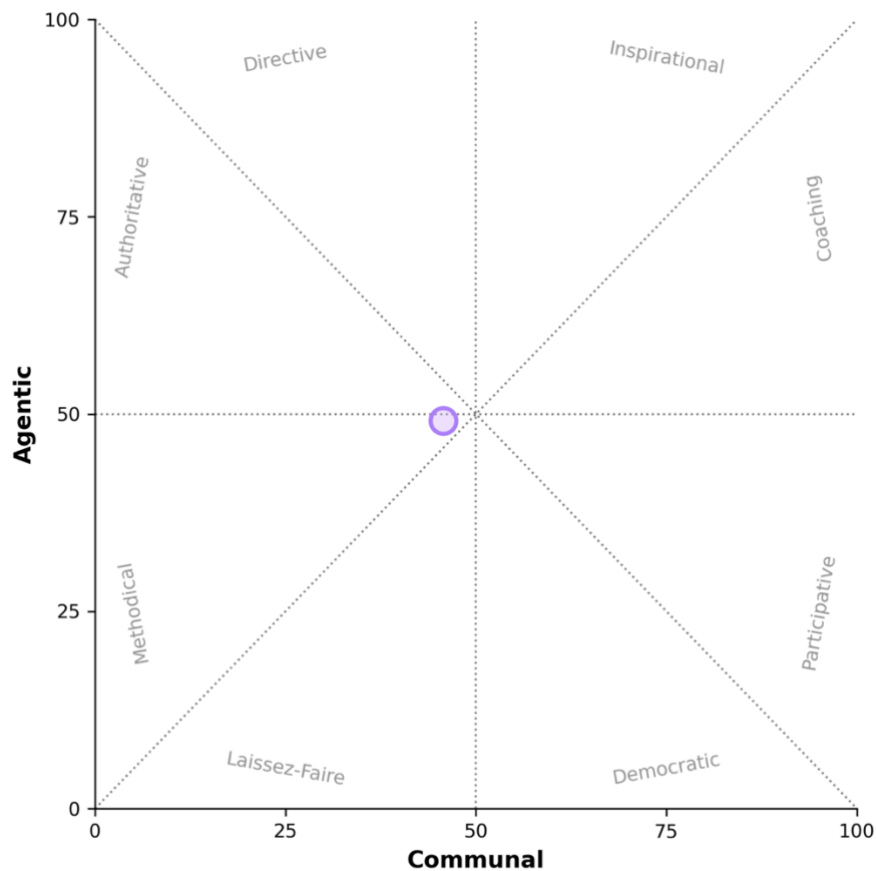
- Heightened stress sensitivity may enhance situational awareness and drive a strong internal desire to avoid mistakes and have accountability.
- Coaches who provide clear direction, structured feedback, and contingencies for unexpected scenarios may find this athlete to be a diligent and responsible performer.
- In cultures that value accountability and responsibility, the athlete's behavioral steadiness and organized mindset may enhance his perceived reliability under normal competitive conditions.

## Vulnerabilities and Challenging Environments

- Elevated neuroticism may lead to internal turbulence under pressure, increasing the cognitive effort required to handle overthinking, emotional fatigue, or performance inconsistency in high-stakes moments.
- Unstructured motivational styles or environments marked by chaos or unpredictability may inadvertently amplify internal tension, making it harder for this athlete to regulate emotion or recover quickly from setbacks without targeted support in emotional regulation.

## Team Role

Relative to other athletes, this individual scores in the average range on both agentic and communal dimensions. This suggests a balanced interpersonal style that does not strongly emphasize either dominant self-directed goal pursuit or overt relational support. The athlete is likely to engage with teammates in a steady, task-oriented manner, focusing on completing responsibilities without a strong push toward leading others or actively harmonizing group dynamics. His contribution to team culture may center on consistency, reliability, and quietly fulfilling his role without seeking the spotlight or relying heavily on group cohesion.



## Strengths and High-Impact Environments

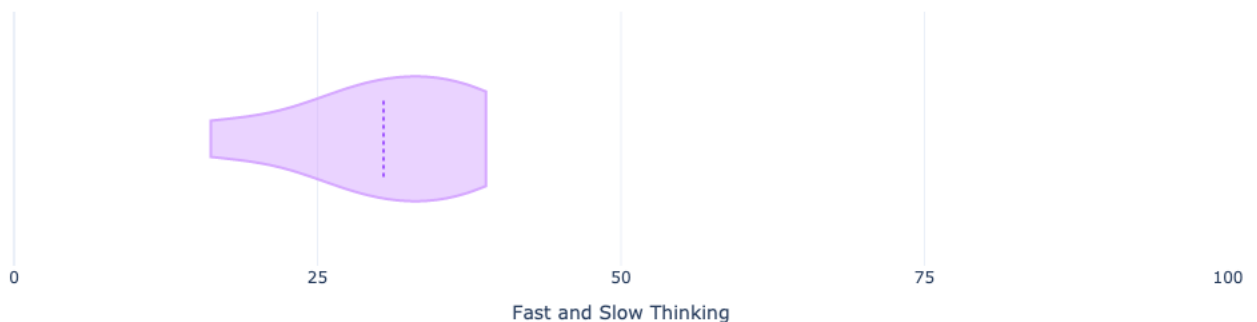
- Can integrate into a wide range of team dynamics without disrupting existing hierarchies or culture.
- Offers a balanced, low-maintenance interpersonal style that supports stability and task execution without generating interpersonal friction.
- Well-suited for systems that value professionalism, role clarity, and consistent execution over expressive leadership charisma or dominance.
- Likely to be seen as a dependable teammate who does his job without needing to assert visibility.

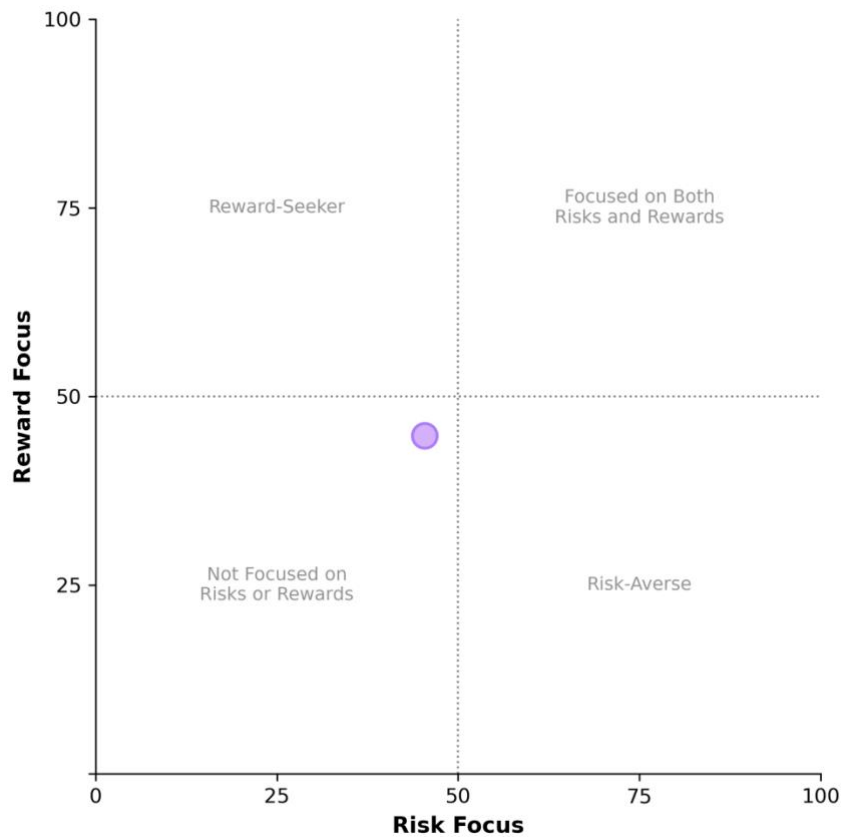
## Vulnerabilities and Challenging Environments

- May be less inclined to assert influence or strengthen team cohesion, which could limit visibility and impact in locker rooms that value vocal leadership or emotional investment.
- In high-need team cultures that rely on relational glue or strong peer-led accountability, this athlete may risk being perceived as disengaged or overly neutral. Without intentional inclusion, he may be overlooked in leadership conversations or bonding experiences.
- To stretch beyond his default, this athlete may benefit from environments that encourage low-stakes expression, invite his perspective, and clarify how non-vocal contributions still shape team culture.

## Decision-making

Relative to other athletes, this individual demonstrates a slightly more intuitive thinking style, average risk sensitivity, and slightly lower sensitivity to reward. This suggests a decision-making profile oriented toward fast, experience-based judgments, with a moderate level of risk awareness and a relatively muted focus on potential gains. The athlete is likely to rely on quick pattern recognition in dynamic situations, with decisions shaped more by instinct and familiarity than by extended deliberation. His balanced risk perspective and subdued reward orientation suggest a stable, less reactive approach to evaluating opportunities or threats.





## Strengths and High-Impact Environments

- Fast, intuitive thinking style supports rapid decision-making in high-tempo, dynamic game contexts where instinct and pattern recognition are key.
- Balanced risk awareness helps avoid impulsive errors while maintaining situational responsiveness—well-suited for roles requiring in-the-moment tactical adjustments.
- Lower reward sensitivity may contribute to emotional stability and reduce susceptibility to ego-driven or overly aggressive decisions under pressure.
- Likely to remain composed and measured in evaluating high-stakes scenarios, avoiding extremes in risk-seeking or reward-chasing behavior.

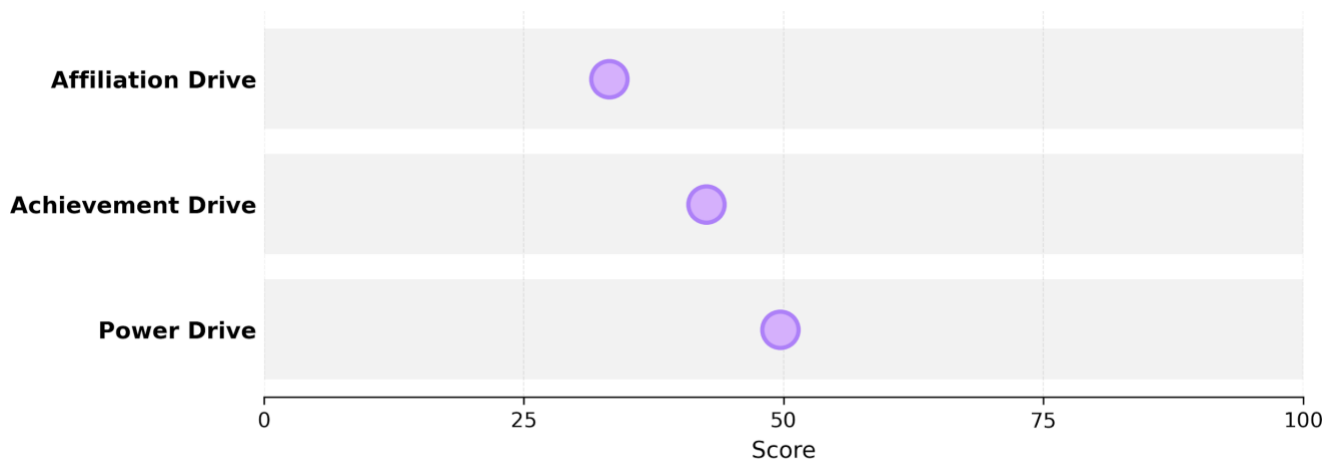
## Vulnerabilities and Challenging Environments

- May underutilize opportunities that require assertive pursuit of rewards, potentially limiting upside impact in moments that call for bold, high-reward plays.

- May face challenges in environments that emphasize deep analysis, long-term planning, or highly deliberative decision-making. In planning contexts such as film review or strategy sessions, this athlete may benefit from frameworks that translate lived experiences into tactical insight – grounding learning in what feels intuitive rather than abstract or overly technical.

## Motivators

Relative to other athletes, this individual shows slightly lower expression of both affiliation and achievement drives, with a power drive that falls in line with peer norms. This motivational profile suggests a relatively independent orientation, with less emphasis on interpersonal connection or goal-driven self-improvement as primary sources of motivation. His average power drive indicates a balanced level of interest in influence or status. Altogether, this athlete is likely to approach his role with a steady presence, without strong psychological pull toward social bonding, personal mastery, or dominance-based ambition.



## Strengths and High-Impact Environments

- Likely to bring a calm, self-contained presence that doesn't rely on external validation, status, or peer reinforcement to stay engaged.
- Less likely to be distracted by social pressures or status competition, which may support focus and emotional stability in high-profile settings.
- May thrive in structured systems with clear expectations, where consistency and role adherence are valued over interpersonal dynamics or individual accolades.

- This profile may align particularly well with team cultures that value professionalism, role clarity, and minimal drama – where doing the job well speaks louder than overt displays of ambition or group identity.

## Vulnerabilities and Challenging Environments

- Lower affiliation and achievement drives may reduce intrinsic motivation to build strong peer relationships or push for continual self-improvement, potentially limiting developmental growth or locker-room integration.
- In cultures that emphasize collective chemistry, competitive drive, or personal ambition as energizing forces, this athlete may be perceived as disengaged or lacking urgency.



# Appendix 1

## Coachability Measures

Coachability reflects the athlete's capacity to respond productively to direction and feedback—both praise and criticism—and a willingness to grow through guidance, as measured through the lens of several contributing traits.

**Disciplined** reflects the degree to which an athlete uses language that suggests a personality characterized by self-regulation—managing thoughts, emotions, and behaviors in pursuit of long-term goals, even in the face of setbacks or without immediate rewards.

**Achievement** (also referenced in Motivators) captures the extent to which an athlete is intrinsically motivated to improve, reach goals, and succeed through sustained effort.

**Open to Change** (also referenced in Adaptability) measures a person's willingness to consider new ideas, adapt behavior, and view challenges or feedback as opportunities for growth.

**Humility** reflects an athlete's tendency to recognize his limitations, remain open to others' perspectives, and accept guidance without defensiveness.

**Appreciation** captures the degree to which athletes express appreciation, a tendency that if demonstrated in other contexts can help athletes reframe criticism and setbacks in a constructive, growth-oriented way.

## Adaptability Measures

How cautious, open to change, and curious athletes appear in their language reveals key aspects of their orientation toward change.

**Cautious** measures the extent to which athletes use language that reflects hesitation or avoidance, with lower scores indicating greater flexibility in the face of uncertainty.

**Open to Change** (also referenced in Coachability) captures the degree to which athletes express receptivity to new ideas, situations, or experiences, a value that reflects a flexible mindset and supports constructive engagement with change.

**Curiosity** reflects how strongly athletes demonstrate an interest in seeking out new knowledge, ideas, or experiences, often signaling a proactive interest in learning and exploration.

## **Mental Toughness Measures**

Mental toughness in athletes combines emotional and behavioral steadiness, underpinned by a high degree of self-control and the ability to cope with stress and pressure. Mental Toughness is measured by the interaction between neuroticism (emotional instability) and conscientiousness (performance stability).

**Neuroticism** (emotional instability) is a Big 5 trait that is associated with vulnerability to stress and the tendency to experience negative emotions such as sadness, anxiety, and self-consciousness or embarrassment.

**Conscientiousness** (performance stability) is a Big 5 personality trait that is associated with adherence to order, rules, and duty; it involves self-control, diligence, and a strong work ethic.

## **Team Role Measures**

In team sports, how athletes relate to their teammates and the informal interpersonal roles they adopt can shape their contribution to team dynamics and culture. Agency and communion are two well-established dimensions of interpersonal behavior that help describe these roles.

**Agentic** captures the degree to which athletes focus on assertiveness and independent goal pursuit.

**Communal** captures the degree to which athletes focus on cooperation, support, and building relationships to accomplish collective goals.

## **Decision-making Measures**

Decision-making is considered across three angles: thinking style, reward focus, and risk focus.

**Thinking style** refers to how athletes process information and make decisions, measured on a continuum. Lower scores indicate a more intuitive thinker, while higher scores reflect a more deliberative thinker. More intuitive thinkers have a preference for fast, efficient decisions based on experience, pattern recognition, or mental shortcuts. This thinking style supports quick, in-the-moment decisions about strategy or skill activation. More deliberative thinkers have a preference for slower, more methodical, analytical processing. This thinking style supports tasks like processing new information, reviewing plays, analyzing strategy, or weighing complex options.

**Risk focus** measures how attuned individuals are to potential downsides, capturing language related to uncertainty, danger, or exposure to harm.

**Reward focus** measures how attuned individuals are to potential upsides, capturing language related to opportunity, benefit, and positive emotional states.

How athletes balance attention to risk and reward shapes their decision-making patterns and reveals underlying cognitive biases or tendencies.

## **Motivators Measures**

Decades of research have identified three core drivers of behavior: achievement, affiliation, and power.

**Affiliation** reflects the degree to which athletes demonstrate an intrinsic desire for connection, belonging, and positive social relationships

**Achievement** (also referenced in Coachability) reflects the degree to which athletes demonstrate an intrinsic desire to master tasks, meet personal standards of excellence, and succeed through effort and improvement.

**Power** reflects the degree to which athletes demonstrate an intrinsic desire to influence others, assert control or dominance, and gain recognition or authority.

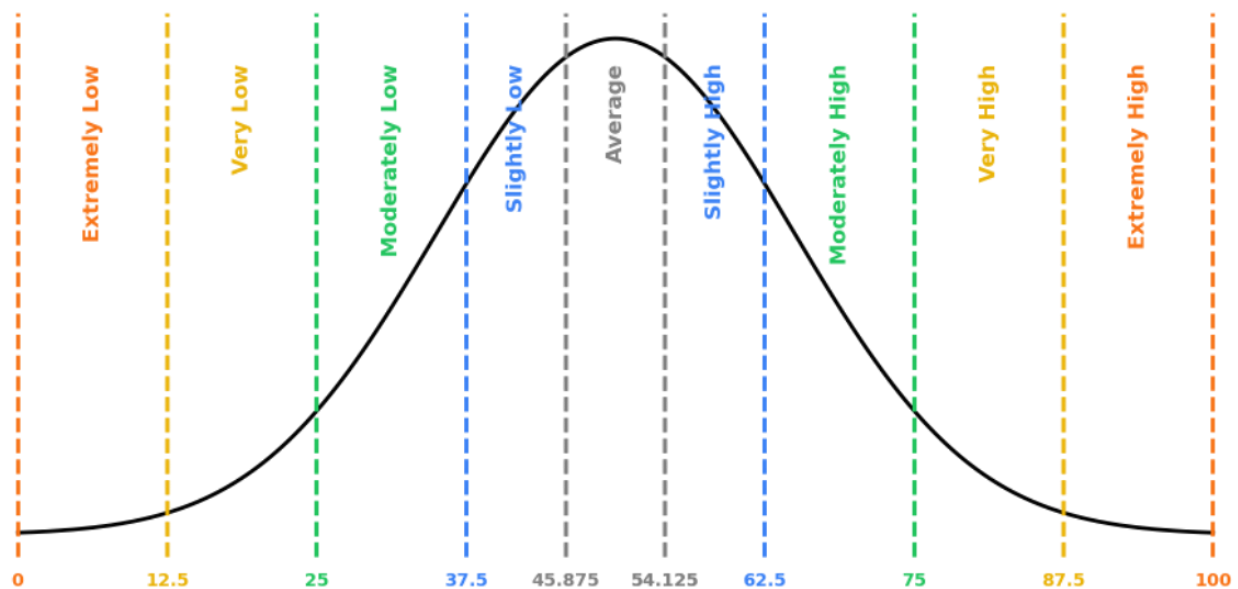
# Appendix 2

## Appendix 2.1 Score interpretations

Scores for all measures are normed using Z-scoring. Z-scoring transforms raw scores into standardized scores that show how far a value is from the mean, measured in standard deviations. Scores are then projected onto a range from 0 to 100.

A normed score of 80 indicates that the sample is 2.4 standard deviations away from the mean of the norming dataset.

A normed score of 50 indicates that the athlete's language sample is aligned with the mean of the norming dataset.



## Appendix 2.2 Slider Scale Chart Interpretation

Slider scale charts display a score on a 0 to 100 scale.

The purple dot represents the individual's score.

This chart visualizes how an individual scores against athlete norms, offering perspective on alignment and differentiation.

## Appendix 2.3 Quadrant Chart Interpretation

The quadrant chart maps two psychological dimensions on a 0 to 100 scale. It provides a visual snapshot of where an athlete falls relative to key traits.

The purple dot represents the individual's score across both dimensions.

The quadrants (or the octants in the case of the leadership style visual) describe common behavioral patterns associated with different combinations of the two traits.

## Appendix 2.4 Violin Chart Interpretation

Violin charts display the distribution of scores based on a normed scale from 0 to 100. Each shape (called a Violin) shows the spread and density of scores.

Thickness of the violin at any point reflects the concentration of data points scoring at that level (thicker = more common) (thinner = less common).

The left and right edges of the violin are defined by the minimum and maximum score.

The center line represents the mean score.

This chart helps contextualize scores by visualizing variance. For example, a greater spread on a violin chart visualizing fast and slow thinking scores indicates greater thinking agility—the ability to shift flexibly between intuitive and deliberative modes.